		1/10/100		Section 1				
BREAKFAST	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
OPTION 1	Continental Breakfast served in the Boarding Houses	American Pancakes, Berry Compote, Vanilla Yoghurt, Maple Syrup (V)	Local Butcher's Chicken Sausage, Fried Egg, Baked Beans	Danish Bacon, Baked Beans, Fresh Spinach	Soya & Onion Sausage (Vegan)	'Build a Bun' Danish Bacon, Poached Egg, Spinach	N/A	
OPTION 2		Danish Bacon, American Pancakes, Scrambled Egg	Toasted Cheese Rarebit-topped Sourdough (contains egg) (V)	Omelette served with Fresh Spinach (V)	Local Butcher's Pork Sausage, Hash Brown, Baked Beans	'Build a Bun' Smashed Avocado, Poached Egg, Spinach (V)	N/A	
FRUIT/YOGHURT	Homemade Greek Style Yoghurt, Fruit Coulis, Fruit Basket							
BAKERY	Breads, Croissants, Waffles, Blueberry Muffins, Preserves	Sliced Bloomer, All-Butter Croissants, Preserves	Crumpets, Pain au Chocolat', Preserves	Wholemeal Bloomer, Croissants, Preserves	Rustic Sourdough, Pain au Chocolat', Preserves	Waffles, Preserves	N/A	
BREAKFAST BAR	Cereal Selection of Cereals, Porridge and Toppings							
HYDRATION	Chilled Milk, Selection of Juices, Tea, Hot Chocolate, Coffee Selection							

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LUNCH	SUNDAY MONDAY TUESDAY		WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
MAIN COURSE 1	'Boarders Brunch' Local Butcher's Pork Sausage, Danish Back Bacon	Minced Beef Lasagna	Vegetable Spring Rolls on a Quorn, Vegetable Stir Fry (V)	'Fuel up for Sports' Chili Bean Pasties Pasta Carbonara (V)		'Fish on Friday' Battered Cod Fillets, or Baked Cod with a Cheese Crumb	N/A			
MAIN COURSE 2	Soya and Onion Sausage (V)	Butterbean, Tomato, Orzo Pasta (V)	Sweet and Sour Chinese Chicken	'Fuel up for Sports' Potato Gnocchi, Feta Cheese, and Vegetables (V)	Sports' Seasoned tato Gnocchi, eta Cheese, d Vegetables  Seasoned Pork Steaks, Mushroom Sauce		N/A			
THE PREP	N/A						N/A			
ON THE SIDE	Sautéed Potatoes, Mushrooms, Baked Beans, Fried Egg	Garlic Bread Slices, Sweetcorn	Steamed Rice, Prawn Crackers, Sweet Chili Dipping Sauce	Peas, Focaccia Breads  Buttered Potatoes, Green Beans, Carrots		Skinny Fries, Mushy Peas, Garden Peas				
SOUP	N/A		Soup of The Day							
PASTA OR JACKET	N/A	Filling or Sauce of The Day								
SALAD	N/A	Assorted Salads of the Day								
HOMEMADE DESSERT	N/A	Chocolate Orange Cake	Denstone Chefs Cakes and Bakes, Custard	Autumn Fruit Crumble, Whipped Cream	Jam Roly Poly Pudding, Custard	Fruit Jelly, Cream	N/A			
FRUIT & POTS	Homemade Greek Style Yoghurt, Fruit Coulis, Fresh Fruit Salad									
HYDRATION		Chilled Milk, Selection of Juices								
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SUPPER	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	17-23.11.23	
MAIN 1	'Sunday Roast' Turkey Breast, Seasoning, Cranberry Sauce	'Denstone's Own' Sticky Pork Ribs	'Taco Night' Loaded Cheesy Quom Taco Cups (V)	'Bang Bang' Chicken served with Sichuan Sauce	'Burger Stacks' Quarter Pounder Beef Burgers, Crispy Bacon, Brioche Bun	' Baguette Bar' Various fillings	N/A	Appetite	
MAIN 2	Leek and Potato Gratin (V)	'Pupils Favourite' Homemade Halloumi Fries and Dips (V)	'Taco Night' Loaded Cheesy Beef Taco Cups	'Bang Bang' Cauliflower Steaks (V)	'Veggie Burger Stacks' Vegetable Quarter Pounder, Deep Fried Aubergine Crisps (V)	'Baguette Bar' Various fillings (V)	N/A	for Like	
SIDE	Roast & Creamed Potatoes, Savoy Cabbage, Honey Roasted Parsnips, Gravy	Chunky Chips, Baby Corn	Loaded Fries, Crispy Onions, Taco Cheese Sauce, Coleslaw, Chive Soured Cream	Sticky Jasmine Rice, Stir-Fried Mangetout	Potato Wedges, Battered Onion Rings, Sliced Cheese, Assorted Salads	'Hearty' Homemade Soup	N/A		
SALAD BAR	N/A	Salad of The Evening							
HOMEMADE DESSERT	Strawberry Shortbread Tart, Custard	Assorted Mini Cheesecake	Chocolate Tiffin	Rainbow Cookies	Banana, Caramel Loaf Cake	Sugared Churros, Caramel Sauce, Mascarpone Cream	N/A		
FRUIT & POTS	N/A Fresh Fruit, Fruit Basket								
HYDRATION	Chilled Milk, Selection of Juices, Tea, Hot Chocolate, Coffee selection								