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	BREAKFAST	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	23.02-01.03.25	
	OPTION 1	N/A	American Pancakes, Berry Compote, Vanilla Yoghurt, Maple Syrup (V)	Local Butcher's Pork Sausage, Fried Egg, Baked Beans	Danish Bacon, Baked Beans Fresh Spinach	Soya & Onion Sausage (Vegan)	'Build a Bun' Danish Bacon, Poached Egg, Spinach	Homemade Egg, Cheese and Tomato Open Parcel Hash Brown (V)	Astarts HERE an Appetite	
	OPTION 2		Danish Bacon, American Pancakes, Scrambled Egg	Toasted Cheese Rarebit-topped Sourdough (contains egg) (V)	Mini Omelette served with Fresh Spinach (V)	Local Butcher's Pork Sausage, Hash Brown, Baked Beans	'Build a Bun' Smashed Avocado, Poached Egg, Spinach (V)	Danish Bacon, Hash Brown, Baked Beans	for Like	
l	FRUIT/YOGHURT	Homemade Greek Style Yoghurt, Fruit Coulis, Fruit Basket								
	BAKERY	N/A	Sliced Bloomer, All-Butter Croissants, Preserves	Crumpets, Pain au Chocolat, Preserves	Wholemeal Bloomer, Croissants, Preserves	Rustic Sourdough, Pain au Chocolate, Preserves	Waffles, Preserves	Bakery Selection, Chocolate Pastry Twist, Preserves		
	BREAKFAST BAR	N/A	A Selection of Cereals, Porridge and Toppings							
	HYDRATION	Chilled Milk, Selection of Juices, Tea, Hot Chocolate, Coffee Selection								

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LUNCH	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
IAIN COURSE 1	N/A	Chicken Fillets in a Sticky BBQ Sauce	Quorn Meatball in Chinese style Curry Sauce (V)	'Fuel up For Sports Red Pepper, Feta &Tomato Gnocchi (V)	'Mid Week Roast' Roast Chicken Thighs, Cranberry Seasoning	'Fish on Friday Jumbo Fish Fingers, or Fisherman's Pie with Filo Pastry Topping	Quorn Mince Rigatoni (V)	
MAIN COURSE 2	N/A	Chargrilled Cauliflower Cheese Steaks (V)	Chinese Style Pork Meatballs	'Fuel up For Sports Pasta Carbonara	Baked Ratatouille With Lemon Breadcrumb (V)	Leek and Potato Tortilla (V)	Minced Beef Spaghetti Bolognaise	
THE PREP							N/A	
ON THE SIDE	N/A	Midi Potatoes in Parsley Butter, Broccoli	Steamed Rice, Stir-Fry Vegetables, Prawn Crackers	Flavoured Breads, Sweetcorn	Creamed Potatoes, Carrots, Cauliflower Cheese, Gravy	Skinny Fries, Mushy Peas, Garden Peas	Garlic Bread Slices, Courgettes, Grated Parmesan	
SOUP				Soup of	The Day			
PASTA OR JACKET		Filling or Sauce of The Day						
SALAD		Assorted Salad						
HOMEMADE DESSERT	N/A	Apple and Berry Cookie Dough Crumble, Custard	Flapjack Slices	Lemon Drizzle Sponge, Whipped Cream	'Chef's Homemade' Cakes and Bakes, Custard	Raspberry Jelly, Cream	Chocolate & Vanilla Tray Bake	
FRUIT & POTS		Homemade Greek Style Yoghurt, Fruit Coulis, Fresh Fruit Salad						
HYDRATION		Chilled Milk, Selection of Juices						

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SUPPER	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	23.02-01.03.25
MAIN 1	N/A	Lamb and Roast Vegetable Casserole	ʻThe Denstone Subwayʻ Crispy Fish Goujon Wraps	Parsnip,Sage,Apple & Stilton Wellington (V)	'Pizza Nite' Meat Feast Pizzas	'Homemade' Pork and Leek Sausage Toad in the Hole	Spanish Loaded Fries (V)	Appetete for Life
MAIN 2	N/A	Vegetable, Chickpea, Halloumi, Tray bake (V)	'The Denstone Subway' Feta, Honey and Chilli Toasted Wrap (V)	De- Constructed' Beef and Potato Pie	'Pizza Nite' 3 Cheese & Basil Pizzas (V)	Cumberland Quorn Sausage Toad in the Hole (V)	Spanish Loaded Fries	
SIDE	N/A	Cheesy Mash Potatoes	Skin On Fries, Lemon Mayonnaise Dip	Crushed Midi Potatoes, Farmhouse Vegetables, Gravy	Pasta in Herb Dressing, Coleslaw, Chopped Salad	Sauté Potatoes, Braised Red Cabbage, Onion Gravy	Spanish Salads, Dressings	
HOMEMADE DESSERT	N/A	Croissant Bread and Butter Pudding	Assorted Cheesecake Pots	Baked Rice Pudding with Fruit Compote	Meringue Kisses	White Choc Chip Cookies	Churros with Toffee Sauce	2
FRUIT & POTS	N/A							
HYDRATION		- 3122						